



**COLLÈGE LORETTE COLLEGIATE**

**ATHLETICS**

**Student-Athlete and Parent**

**Information Handbook**

School Year  
2017 – 2018

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# **Athletic and Physical Education Program Mission Statement**

To promote the benefits of participation in high school sport, and physical activity, by providing opportunities that will allow the students to explore possibilities through the physical education program for life-long participation;

and,

To provide student-athletes the opportunity to participate in a competitive inter-collegiate sports teams environment.

## **VISION**

Collège Lorette Collegiate believes participation in sport, and physical activity, plays an integral role in the total education of the student.

Collège Lorette Collegiate encourages all students to participate in activities that will assist in the realization of physical, social, and emotional values.

## **AIMS**

- To expose students to a variety of physical activities to promote healthy living and life-long participation.
- To encourage participation and excellence in high school sport.
- To promote the value of high school sport in Manitoba.
- To encourage and promote volunteer involvement in high school sport.

**Playing and competing for Collège Lorette Collegiate is a privilege. Student-athletes at CLC are held in the highest regard and are seen as role models in the community. As leaders you have the responsibility to portray your team, your school and yourselves in a positive manner at all times. Facebook, Twitter, Snapchat and other social media sites are included in the 'image' that the student-athlete projects. This includes all pictures, videos, comments and posts. Inappropriate material found by third parties affects the perception of the school, the student-athlete and our community.**

## II. Coaching Roster

The following coaches have been designated for the 2017-2018 school year:

|   |  |
|---|--|
| Football  | Ron Verrier, Paul Connor (manager),<br>Jeff Perron<br>Parent/Volunteer Coaches:<br>Jonathan Van Ieperen, others<br>TBA               |
| Soccer - Girls<br>Soccer - Boys   | Nicole Rodier<br>Parent/Volunteer Coaches: Monica<br>Gaucher   |
| Volleyball - JV Girls<br>Volleyball - Varsity Girls<br>Volleyball - JV Boys | Cathleen Armstrong<br>Roger Turenne<br>Phil Rehberg  |
| Basketball - JV Girls<br>Basketball - Varsity Girls<br>Basketball - JV Boys | Michelle Marinelli<br>Remi Gagnon<br>Joanne Fraser/Teresa Yestrau (Staff<br>supervisor)<br>Parent/Volunteer Coach:<br>Graham Collier |
| Basketball - Varsity Boys   | George Purchase<br>Parent/Volunteer Coaches:<br>Ryan Baggley, Dylan Theissen<br>Sara Stebeleski (Pat Liss DTS)                       |
| Hockey - Boys   | Paul Turenne<br>Sara Stebeleski  |
| Hockey - Girls  | Ron Verrier, Michelle Marinelli<br>Ron Verrier, Michelle Marinelli, Nicole<br>Rodier   |
| Golf - Boys<br>Golf - Girls   | Laura Nault  |
| Cross Country<br>Track and Field  | Mattieu Chaput   |
| Curling   | Paul Turenne<br>TBA<br>Parent/Volunteer Coaches:<br>TBA  |
| Badminton   |  |
| Baseball - Boys<br>Baseball - Girls   |  |

### III. Athletics and Sports Teams

CLC offers a wide range of inter-collegiate sports teams. CLC participates within Zone 13 in order to compete for provincial championships. These teams are for volleyball, baseball, fastball, basketball, soccer, badminton, track and field, and cross-country. Outside the Zone structure, inter-collegiate sports are hockey and football.

These inter-collegiate school teams are **competitive** in nature. Therefore, students will attend try-outs prior to the season, and student-athletes will be selected to the school team based on their ability, contribution to team chemistry, attitude, and commitment of the sport/team. The student-athletes will be expected to be positive ambassadors for our school.

Our inter-collegiate school teams are also organized into Junior Varsity and Varsity for most sports. For some of our other teams, such as hockey, football, and soccer, the team is comprised of students from Grade 9 to 12. Please note that there is a user fee for each of the school teams.

**Please be reminded that Fair Play does *NOT* refer to equal playing time.** Fair Play refers to student-athlete conduct while on our school team. With respect to playing time, please be advised our school teams are competitive teams, and therefore, playing time will not be equal amongst the team members. Efforts will be made to have all students have some playing time as the season progresses, but there are no guarantees of playing time.

In addition to our high school physical education program, CLC offers an intramural program that all students may participate in. Intramurals take place over the noon hour, and there is one program for Junior Varsity (Grades 9 and 10), and another program for Varsity (Grades 11 and 12). The gymnasium is split into two, one side for JV and the other for Varsity. The goal of the CLC Intramural Program is to offer every student the opportunity to participate in athletics that may not have the time, or skill level to play on our inter-collegiate teams.

#### **Gym Practice Times**

Regular team practices will take place from 3:30 p.m. to 5:00 p.m.; from 5:00 p.m. to 6:30 p.m.; and, from 6:30 to 8:30 p.m. A rotating practice schedule will be set up prior to the sport season through the Phys. Ed. Department.

In keeping with the overall goals and philosophy of the CLC Scorpion's Sports Program, the gym is available to the entire school population on a regular and consistent basis.

**The gymnasium is open for anyone's use in the morning.**

From time to time, the coach from our school team may book the gymnasium to run a practice in the morning. Prior approval from Administration will be required in advance of the practice. Students will be notified of the gym closure the day prior to the practice.

## IV. Student Athlete User Fees

Student Athlete fees are assessed per player per team. The fees collected are used to offset costs incurred in the running of that team in that sport. These costs primarily include tournament fees for school court sport teams. Fees collected for football and hockey cover several other costs incurred in running of the team. The SRSD covers zone fees for all sports.

The fees are:

|               |   |
|---------------|---|
| Football      | Price TBA at beginning of season              |
| Hockey        | Price TBA at beginning of season              |
| Cross Country | \$ 50   |
| Basketball    | Varsity \$ 120          JV - \$ 55            |
| Volleyball    | Varsity \$ 90          JV - \$ 55             |
| Badminton     | Varsity and JV - \$ 30                        |
| Soccer        | \$ 50   |
| Golf          | Green fees and associated driving range costs |
| Curling       | no fee  |
| Track & Field | \$ 50   |
| Baseball      | \$ 20   |
| Fastball      | \$ 50   |

All fees are non-refundable. Fees may be pro-rated for student-athletes with prior approval from the Principal. Fees for individual student-athletes may be waived by the Principal in certain special circumstances.

It is the responsibility of the parent and/or player to ensure that the fee is submitted to the teacher. After a reasonable amount of time has passed and the fee is still not collected, a letter will be sent home from the school sent by the school administration. If this still does not result in payment of the fee, then the school administration will make contact with the student and/or parents. The player may be suspended from playing until the matter is resolved.

User fees are collected to pay for costs associated the team participating in tournaments, and any other costs associated with that particular team.

A **jersey deposit fee** of \$ 100 is to be collected from each athlete, in the form of a post-dated cheque. The cheque will be returned once the jersey is returned to the office at the end of the season.

**Please note that all transportation is the responsibility of the student unless otherwise noted.**

## V. Concussion Management

SRSD will be using the online training and materials from the Concussion Awareness Training Tool website (<http://www.cattonline.com/>), including the Concussion Response Tool and Return to School and Return to Play planners. As the research and recommendations on concussion management evolves, we will reassess our training needs and response protocols.

The following implementation plan is in place for 2017-2018.

|                               |   |
|-------------------------------|---|
| Phys Ed teachers              | All PE teachers attended a half day training with a concussion specialist in 2015-2016<br><br>Any new PE teachers since that time are required to complete the 50 minute School Professionals Awareness Toolkit training at <a href="http://www.cattonline.com/">http://www.cattonline.com/</a> .<br><br>Submit certificate to Suzanne Antonio at Board Office. |
| Coaches and sport supervisors | Required to complete the 30 minute Education Toolkit for parents/players/coaches at <a href="http://www.cattonline.com/annually">http://www.cattonline.com/annually</a> .   |
| General staff                 | Provide an overview of concussion awareness (short video from <a href="http://www.cattonline.com/">http://www.cattonline.com/</a> Concussion 101: Symptoms, Risks and Return to Play, 4:52) at a staff meeting early in Fall  |
| Administrators                | Required to complete the 50 minute School Professional Awareness Toolkit training at <a href="http://www.cattonline.com/">http://www.cattonline.com/</a> . Submit certificate to Suzanne Antonio at Board Office.   |
| Students                      | Concussion awareness training built into Phys Ed and team preparation (see short videos available on <a href="http://www.cattonline.com/">http://www.cattonline.com/</a> ).   |

## VI. SRSD Respect in Schools Implementation

SRSD has provided Respect Ed training to all Gr. 7/8 students for a number of years, along with other instruction to support respectful relationships. Coaches, who are not SRSD staff, must complete one of the Respect in Schools online training programs (approx. 2 1/2 hour online course). If they have completed any of the other Respect in... training modules previously (such as Respect in Sport), this is acceptable and a certificate can be printed from the website. They must provide a copy of their certificate of completion to the school before starting coaching. This training is only necessary once. Training is available free and online at <https://mb-rischool.respectgroupinc.com/>.



## Fair Play at Collège Lorette Collegiate

### Collège Lorette Collegiate requires the athletes to:

- conduct themselves at all times with honor and dignity
- treat visiting team(s), spectators, and officials as honored guests
- faithfully complete school work to the best of their ability
- show that it is a privilege to represent your school
- remember that there is no place in school athletics before, during or after competition for the use of alcohol or drugs of any kind

### The game requires the athlete to:

- maintain a high degree of physical fitness
- be fair at all times no matter what the cost
- believe in the honesty and integrity of opponents and officials
- play the game for the game's sake
- accept peacefully and without question the decision of the officials

### Sportsmanship demands that the athlete:

- recognize and applaud honesty and wholeheartedly the efforts of their team or opponents regardless of skill, score, color, creed or race
- give opponents full credit when they win and learn to correct their faults through failures
- play hard to the limit of their abilities regardless of discouragement. True athletes do not give up, nor do they quarrel, cheat, bet or show off
- accept both victory and defeat with pride and compassion, never being boastful nor bitter



# COLLÈGE LORETTE COLLEGIATE

## Scorpion Sports Fair Play Agreement

As a student athlete at Collège Lorette Collegiate, my personal conduct reflects upon the sport I play, my teammates, opponents, coaches, supporters and me. To be a student athlete at Collège Lorette Collegiate is to accept and adopt the concepts of *Fair Play*, respect, dignity, enjoyment and honor in all aspects of my sport participation.

I will conduct myself in a manner, in which my behavior will not be considered a form of harassment, including comments and/or conduct which is insulting, intimidating, hurtful, malicious, degrading or otherwise offensive to an individual or group of individuals, or which creates an uncomfortable environment. As such, I agree to respect my fellow teammates by adhering to and upholding principles of not engaging in any form of hazing or any form of sexist, racist, or discriminatory language and or behavior.

As a student athlete, I am a representative of Collège Lorette Collegiate and as such, I am expected to conduct myself at all times in an appropriate manner. Poor conduct and other inappropriate behavior reflect upon Scorpion sports and the school.

I will refrain from the use of alcohol or illegal drugs during competition, during practice, in accommodations provided for my team on overnight trips, and while travelling to and from competition.

I realize that my conduct, either in person or online, that is unsportsmanlike, derogatory, demeaning or threatening toward any other individual or entity (i.e. derogatory comments toward another school or team,) or should depict or encourage unacceptable, violent or illegal activities (i.e. hazing) can result in consequences for myself and/or teammates.

I am aware that Collège Lorette Collegiate has zero-tolerance of abuse towards officials. As an athlete it is my responsibility to respect the officials that officiate at all events, tournaments or games.

In addition, I am responsible for ensuring that my behavior and deportment are above reproach while occupying accommodations while representing Collège Lorette Collegiate. I am aware that I am personally responsible for any

damages or charges that are assessed to the room in which I have been assigned.

Finally, I am aware that as a student athlete at Collège Lorette Collegiate, failure to adhere to the *CLC Scorpion Sports Fair Play Agreement* could result in any or all of the following taking place:

- verbal warning
- written warning
- suspension from the teams next competition
- further suspension depending on the severity of offense
- suspension from team for the rest of the season
- suspension from school
- suspension from extracurricular privileges

Prior to signing this document, I have had an adequate opportunity to read and understand it, I have had an opportunity to ask questions about it, and questions have been answered to my satisfaction.

Agreed, this \_\_\_\_\_ day of \_\_\_\_\_, 20 .

\_\_\_\_\_  
Athlete's Signature

\_\_\_\_\_  
Athlete's Printed Name

\_\_\_\_\_  
Parent's Signature

Please check off the sport(s) your son/daughter may be interested in participating in during this school year, as this Fair Play Agreement will be for all of those sports.

- |  |  |
|--|--|
| <input type="checkbox"/> Volleyball    | <input type="checkbox"/> Basketball      |
| <input type="checkbox"/> Golf          | <input type="checkbox"/> Curling         |
| <input type="checkbox"/> Soccer        | <input type="checkbox"/> Badminton       |
| <input type="checkbox"/> Cross Country | <input type="checkbox"/> Track and Field |
| <input type="checkbox"/> Football      | <input type="checkbox"/> Fastball        |
| <input type="checkbox"/> Hockey        | <input type="checkbox"/> Baseball        |